



# SPOCAAS

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## Who We Are

**SPOCAAS stands for “Supporting Parents Of Children with Autism & Asperger’s Syndrome”.**

SPOCAAS started as a small group of parents meeting informally to provide peer-to-peer support. In November 2008, SPOCAAS became a committee of CLRS and it now consists of an Executive Committee, Family/Carer Members, Individuals with an ASD and General Members. SPOCAAS meets in various ways including Tuesday morning and evening Coffee Club’s. The morning Coffee Club has access to occasional onsite childcare (fee free) provided by MyTime play helpers. SPOCAAS also hosts special events that assist with education, promote awareness/understanding and most importantly assist with the wellbeing of the families.

### **SPOCAAS aims to:**

- Provide a place for informal parent-to-parent support with like-minded carers managing Autism Spectrum Disorders (ASD), involving all ages and all abilities. A diagnosis is not needed
- Build partnerships within the ASD community
- Promote ASD awareness, understanding and opportunities for further learning about ASD
- Develop an ASD resource library and provide accessible information
- Eliminate isolation of families managing the impact of ASD

SPOCAAS welcomes enquiries from all those managing ASD:  
parents, carers, grandparents, siblings, individuals with ASD schools and the wider community

**SPOCAAS is for all ages & all abilities**

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## **SPOCAAS**

### **Supporting Parents Of Children with Autism & Asperger’s Syndrome**

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SPOCAAS is a Committee of Community Living & Respite Services Inc

