



## November 2011 - Edition 72

### From the CEO

The past two months have been busy for all our programs. In addition, we have held the Annual General Meeting and attended the Powercor Australia Campaspe Murray Business Awards, where CLRS was recognised as a finalist.

The Annual General Meeting was well attended, and three existing Board members elected for another three years. Congratulations to Glenys Kennedy, Ann Bennett and Della Nelson. Staff members Deb Oswald, Leeanne Carland, Brian Watson and Jodie Ash were recognized for 10 years of service to CLRS, and Rhys Glenn and John Edwards were awarded Appreciation Certificates for their contribution to fundraising from 2005-2011. They are all very significant achievements and these individual contributions are appreciated.

The Fundraising Committee held a formal Planning Day in October and set goals for the future. This dedicated group wish to continue to raise funds to help make life a little easier for families and people with disabilities. We are very grateful for their contribution that enables the organisation to provide more support and launch additional projects.

The Annual Greek Luncheon (Melbourne) is now only weeks away. If you would like to attend please contact the office. This day has been widely supported by businesses locally and in the Oakleigh area. Raffle tickets are available from the office in Percy Street if you would like to support the day in this way.

CLRS has made the decision to launch into social media and has established a facebook page. You will find us at [www.facebook.com/CLRSINC](http://www.facebook.com/CLRSINC).

Thank you to all who returned the Annual Service User Survey. An Action Plan has been developed and suggestions are being implemented. In this issue, a profile of our Board of Management is provided, following a suggestion from the survey.

International Day of Disability will be celebrated on December 2, 2011. Please join us for this day of celebration at Apex Park Echuca at 10.30am - 1.30pm.

This is the final newsletter prior to Christmas and I would like to thank all involved with CLRS for your support over the past year. May Christmas be a time of peace and happiness. Our office will be closed between Christmas and New Year, and will re-open on January 3, 2012.

*Suzanna Barry*



Pictured above President Jan Rankin with Leanne Glenn and Gretta Mildren at the 2011 Annual General Meeting.

### CONTACT US:

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Intake / Planning Coordinator \_\_\_\_\_ Jill Flanagan

Community Living & Respite Services Inc. provides support services to people with disabilities, the aged and their families in the Echuca region.

For more information contact Intake & Planning Coordinator Jill Flanagan on 03 5480 2388 or refer to our website [www.clrs.org.au](http://www.clrs.org.au).

## What's New?

### Find us on Facebook

Community Living & Respite Services Inc. now has a Facebook Page. You will find us at [www.facebook.com/CLRSINC](http://www.facebook.com/CLRSINC)



Emma dressed ready for the dinner dance

|                                      |   |                                      |
|--------------------------------------|---|--------------------------------------|
|                                      |   | \$1,046                              |
| L<br>a<br>n<br>d<br>*<br>c<br>a<br>r | <b>Workplace Giving update</b><br>Since the introduction of Workplace Giving earlier this year, \$1,046 has been donated!<br>Thankyou to all staff who are supporting CLRS to raise funds for future development! | C<br>l<br>u<br>b<br>T<br>e<br>e<br>n |
|                                      | Quality services, empowering people   |                                      |

## Our Values

Respect      Wellbeing      Accountability  
Flexibility      Excellence      Innovation

*Thankyou to Holly Bruce from Shine Hairdressing, Hare Street Echuca for nominating CLRS as her charity in her recent Rodeo Queen Competition! We congratulate Holly on being a finalist!*

## "Greek Fundraising Luncheon"

Sunday November 20, 2011  
@ 1 pm, Kinisi Live,  
560 Church Street Richmond  
\$60 per person

Great prizes, great food & great company!

Tickets are now available contact reception 5480 2388

Raffle Tickets \$5 - available from CLRS Reception.

### Thanks to sponsors

Echuca Hotel  
Bella Casa Houseboats  
Adelphi Boutique Apartments  
Quest Apartments  
Black Pudding  
Collingwood Football Club  
Kinisi  
Rich River Golf Club  
Glenda's Candles  
St Annes's Winery  
Millewa Spa Retreat  
Deeluxe Riverspa Apartments  
Prue & Tim Dale

**Cultural Competence** A number of Direct Support Professional staff recently attended cultural training to further develop skills and understanding of cultural competence. Further training is planned for Coordination staff.

## Wellbeing

Marg Fuller, Women's Health Nurse recently presented a wellbeing information session to CLRS staff. More Information is available at the Jean Hailes Foundation website [www.jeanhailes.org.au](http://www.jeanhailes.org.au)  
Thank you to Marg for a very informative session.

## Thankyou

The Roy Ogden Foundation recently made a generous donation to assist with the clearing of the land in Minor Street, Echuca.

Thank you to the Rich River Golf Croquet Committee for their recent donation from their Golf Croquet Charity Day. This generous donation will assist our Club Teen Program.



We appreciate the support of Edwards Concreting who assisted with the recent Club Teen office renovations! Thank you!



Bec & Brad enjoying the Gigarre Jam Session

## National Disability Insurance Scheme (NDIS)

Spread the word week  
November 27 – December 3, 2011

CLRS will be holding a stall at the International Day of Disability on Friday December 2, 2011. This is to increase awareness of the National Disability Insurance Scheme, and to show the government how important the NDIS is to people with a disability. Hope to see you there!

## Independent Living Program

CLRS supports people who live independently in the community. We call this the "Independent Living Program". Support is varied and is tailored to meet the individual needs of the person. We support people to access the community, cook meals, pay bills, to enjoy hobbies and recreation, to attend the gym and to do many other things. Pictured is Peter who has recently been awarded his orange belt in Zen Do Kai and also his Yellow Shirt in Muay Thai. Peter independently attends training 4 nights per week.



Also pictured is young mum Jess who requested that this photo of herself and baby Emma be included in the newsletter.



## Have your say - complaints & comments

Should issues or concerns arise please raise this with the relevant House Manager, Co-ordinator or Team Leader in order to find a suitable resolution. Alternatively, pick up a Suggestion Comments or Complaints Form. You can collect one from the office, from our website or at Club Teen. Someone can help you complete the form and then you can bring it in or post it to 26A Percy St, Echuca.

Comments forms are located in the foyer at 26A Percy St, Echuca or [www.clrs.org.au](http://www.clrs.org.au) We hope to hear from you.

## CLRS Services

Supported Accommodation  
Respite – Alexander House, Bowen House, Community Based or In Home, Independent Living Program - Outreach Support  
Veterans Home Care Provider  
SPOCAAS – Autism Support Group  
Playgroup, MyTime  
Club Teen Before & After School Care & Vacation Care  
Dominoes Group, Legends Groups, Girl Power, Ky Young Adults, Ky Mens Group, ABI Group

**CLRS Board of Management (BOM) consists of nine people who have a “Governance Role”. The Chairperson supports the CEO and all day to day operations are delegated to the CEO and through the CEO to the staff. The BOM is a volunteer group who contribute their time, expertise and talents in various ways. Individual members are also represented on a number of CLRS Committees.**

#### **Jan Rankin**

Jan was appointed to the Board of Management in 2005, however previously held a position on the Board from 1990 – 1996. Jan was appointed President in 2009. Jan has over 25 years community service experience and has worked extensively in Disability Services including Program Coordination and Case Management. Jan is a member of the Fundraising Sub-Committee and is currently undertaking further disability studies.

#### **Fran Galvin (OAM)**

Fran has been involved in CLRS since its beginning in 1979. Fran has held the position of Treasurer for the past 30 years and is a member of the Finance Sub-Committee, and is the Board of Management representative on the SPOCAAS Committee. Fran received the National Westpac Community Treasurer’s Award in 2010. Fran is an active member in a range of not for profit groups in the Echuca Moama community. Fran received a Life Membership in 2008.

#### **Della Nelson**

Della was appointed to the Board of Management in 2002. Della is a parent of a young adult with a disability. Della was a member of the Fundraising Committee for four years, and has also held the position of Chairperson. Della has been proactive in promoting the establishment of services for young people with autism. Della is a member of the Policy Sub-Committee.

#### **Glenys Kennedy**

Glenys was appointed to the Board of Management in 1993. Glenys has an adult son with a disability who has been using the services of CLRS for the past 25 years. Glenys provides valuable input on the Policy Sub-Committee. Glenys received a Life Membership in 2008.

#### **Brendon Loftus**

Brendon Loftus was appointed to the Board of Management in 2004. Brendon is a service user and prior to his injury was a self employed builder. Brendon has contributed to project committees including the replacement of Alexander House.

#### **Jim Cosgriff**

Jim was appointed to the Board of Management in 2009. Jim holds a Bachelor of Laws (Honours) and is a director of a local legal practice. He originally practiced and was a partner of a firm in Melbourne before moving to Echuca for a lifestyle change for himself and his family. Jim assisted with the provision of legal advice during the recent relocation of offices, and assists on other legal issues. Jim is actively involved in Junior Football and has a keen interest in the Rockets team. Jim has been instrumental in the formation of the C4EM.

#### **Ann Bennett**

Ann Bennett was appointed to the Board of Management in 1996. Ann has Nursing and Community Services Experience. Ann is now retired, having worked for many years in Disability Services. Ann is a valued member of the Quality Sub-Committee.

#### **Greg Harris**

Greg was appointed to the Board of Management in 2010. Greg is an electrician by trade and owner of a stationery supplies business in Echuca. Greg is actively involved in local sports.

#### **Matt Jones**

Matt joined the Board of Management in 2010. Matt is the CEO of Murray-Plains Division of General Practice and Central Victoria General Practice Network. Prior to these roles, Matt worked in Quality Management and Public Health Policy development for DHS. Matt also previously worked for four years in Central Australia running an Aboriginal Community Controlled Health Service 500km west of Alice Springs, a further two years working in Aboriginal Health in Townsville and then spent a subsequent two years in a senior management role with the Pilbara Public Health Unit based in Port Hedland. Matt has a Masters of Public Health Degree and is currently studying for his MBA.

#### **Pictured below:**

**President Jan Rankin with Rhys Glenn and John Edwards receiving Appreciation Certificates for their contribution to service development and sustainability 2005 - 2011**

